



ALL I WANT THIS AUTUMN...

Is this uber trendy faux fur blazer. Emily has challenged me to team with this hat. Watch this space. £85 from autumn/winter Topshop collection.

Flawless

Until recently I have never worn foundation – I haven't known how to apply it without looking totally 'made up'. I have been trying a few (Laura Mercier is my preferred) but I have been introduced to a brand new and potentially revolutionary product, the bareMinerals Matte foundation powder. A powder? Yes, not only a powder but it has also been clinically proven to improve your skin as it contains '100% pure RareMinerals Active Soil Complex', which promotes cell turnover. Whatever the science, it is incredibly light and smooth and has me hooked. There is no problem about finding an exact skin match as it comes in 15 different shades. £25 for 8g Available from department stores.



It's all in the tubes

I have to tell you about this fantastic mascara I found in a little boutique in Suffolk. You paint it onto your eyelashes, where it forms a tube round each lash. It is completely waterproof and will only come off with lashings of water and a helping hand to slide the tubes off your lashes.

£18 blincuk.co.uk

Big is beautiful

When God was dishing out big beautiful breasts, I certainly drew the short straw. But, as my husband gallantly professed shortly after we started dating, 'More than a handful is a waste.' Alas, time and children has left my meagre offerings even more wanting. But help is at hand. My new best friend this summer has been **M&S's Formula Beautiful Breast Serum** (£12/100ml). They are definitely looking perkier. The cream has the added benefit of plumping up your whole chest area. If you want an injection of 'youth', this is it in my opinion. My second favourite is Italy's answer to budding Sophia Loren with the **Pupa Milano's new Multivitamin Breast Enhancer Intense treatment**. £29.50/50ml from beautique.com. And, finally, the brand new one on the market is skin expert **Bremenn's Boob Jog in a Box** (£72 exclusively from Harvey Nichols). This includes a rubber exercise band for extra oomph. You need to apply first the Plumping Catalyst Cream and then the Bust Toning Emulsion – all a bit too much of a palaver for me.



Pretty pretty

You will feel all woman with these pretty bra straps, which you can attach to any bra with removable straps. Choose from loads of wonderful fabrics. From £18 from milume.co.uk, *Fifi Wilson and John Lewis*



bedroom' and 'treat your wardrobe like a department store'. For me, next stop is Homebase for some good storage containers in time for her next visit in September. *Mess Goddess* ☎ 07966 518918 tania@messgoddess.com messgoddess.com

Emily: I speak to Lilli from Lilli Home Harmony over the phone and we chat through what I am looking to achieve. 'Less mess'. Lilli tells me that her clients often have serious psychological issues throwing things away. I say that I think in my case it is more a question of not enough time. She arrives for our initial consultation and I show her round the house, starting at the top. The kids have been

away for a week and it all looks unnaturally tidy. Then we go into my office. Lilli stands in the tiny space as though she has found her meaning in my life. She is horrified that I could work in such chaos. She is relishing the prospect of getting to grips with it. We have scheduled a day in September when the kids are at school when we are going to do it, together. Everything will be divided into one of three categories: archive (store); present (keep) or chuck. In the meantime I am to visualise a space for myself – in the distance, over the trees, that is just for me – Lilli is going to give me this. I will report back in November.

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